

PO Formulary
UCSF Medical Center Patient Food Service

Nutrition Supplement Product	Vol oz	Kcal	Pro gm	Fat gm	CHO gm	Fiber gm	Na mg	K mg	Ca mg	Phos mg	Mg mg
Scandishake (Vanilla, Strawberry)	12	600	13	29	70	1	225	680	450	400	43
Scandishake (Chocolate)	12	600	14	29	67	3	235	1000	450	435	43
Scandishake (Soy*) (Vanilla, Strawberry)	12	570	15	25	71	1	245	660	650	280	56
Scandishake (Soy*) (Chocolate)	12	570	16	25	68	4	260	980	650	315	56
Scandishake (Lactose-Free) (Vanilla)	12	530	14	21	69	0	225	740	450	350	38
Scandishake (Lactose-Free) (Chocolate)	12	530	15	21	66	3	240	1060	450	385	38
CIB Shake (Vanilla, Strawberry)	12	470	13	18	64g	1	252	700	560	425	108
CIB Shake (Chocolate)	12	470	13	19	63	1	232	780	560	425	108
CIB Shake (Soy*) (Vanilla)	12	260	15	4	41	1	250	620	750	280	120
CIB Shake (Soy*) (Chocolate)	12	260	15	5	41	1	230	700	700	280	120
CIB Shake (Dairy Ease, Low Lactose**) (Vanilla)	12	220	14	0	39	0	230	700	550	350	102
CIB Shake (Dairy Ease, Low Lactose**) (Chocolate)	12	220	14	1	39	0	210	780	550	350	102
Orange Sherbet Shake	12	355	6	11	55	1	145	421	285	209	39
Ensure (Vanilla, Strawberry)	8	250	9	6	42	0	200	370	300	250	100
Ensure (Chocolate)	8	250	9	6	42	0	190	390	300	250	100
Boost Glucose Control (Vanilla, Strawberry)	8	250	14	12	20	3.5	260	260	276	220	80
Boost Glucose Control (Chocolate)	8	250	14	12	20	3.5	260	295	276	220	80
Ensure Plus (Vanilla, Strawberry)	8	350	13	11	51	3	220	420	300	300	100
Ensure Plus (Chocolate)	8	350	13	11	51	3	220	500	300	300	100
Juven (Orange)	8	78	14	0	8	0	0	270	200	95	0
Nepro (Vanilla)	8	425	19	23	39	0	250	250	250	170	50
Odwalla Super Protein (Vanilla Almond)	12	290	15	8	37	5	100	575	500	NA	80
Kid Essentials 1.5 (Vanilla)	8	355	10	18	39	2	164	309	309	235	47
Pediasure (Vanilla, Strawberry)	8	237	7	9	31	0	90	310	230	200	47
Pediasure (Chocolate)	8	237	7	9	31	0	90	370	230	200	47
Pediasure with Fiber (Vanilla)	8	237	7	9	33	2	90	310	230	200	47
Peptamen Jr. (Vanilla)	8	250	7.5	9	34	0	115	330	250	200	50
Resource Breeze (Orange, Wild Berry)	8	250	9	0	54	0	80	20	10	150	1

*made with soy milk, but the Scandishake and CIB powder both contain milk proteins, so does not qualify as dairy-free

** made with lactose free milk, but the CIB powder contains lactose, so does not qualify as lactose-free

updated 2012