



Food and Nutrition Management of Patients on Warfarin

Office of Origin: Nutrition and Food Services (415) 353-1348

I. PURPOSE

- To define the process on food- drug interaction management for warfarin
- To define the role of the dietitian in food drug interaction education for warfarin

II. DEFINITIONS/RELATED DOCUMENTS

- The Joint Commission National Patient Safety Goal.03.05.01.04 EP.04: Use authoritative resources to manage potential food and drug interactions for patients receiving warfarin
- Nutrition Care Manual, The Academy of Nutrition and Dietetics
<http://www.nutritioncaremanual.org/index.cfm>

III. POLICY

Patient menus are planned to offer menu choices with vitamin K content that is consistent daily and through the seven day cycle.

Meals are provided in accordance with the prescribed diet order and in accordance with the approved *Nutrition Care Manual* and *Pediatric Manual of Clinical Dietetics*. No modification is made to the menu for patients who are on Warfarin.

Patient education on warfarin is provided by clinical pharmacists or nurses. A nutrition consult should be ordered if nutrition education by a registered dietitian is needed.

V. RESPONSIBILITY

Director of Nutrition and Food Services
Associate Director for Nutrition Services

VI. HISTORY

Reviewed October 2010 by Ami Bhow, Assistant Director, Patient Food Services
Revised March 2013 by Patricia Booth, Associate Director, Nutrition Services

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